

# NORTH SHORE SKATING CLUB

# LEARN TO SKATE

**SESSION 3: FEBRUARY 2, 2023 – APRIL 15, 2023**

**BURBANK ICE ARENA, READING**



**All Levels – Ages 4 & Up**



**Professional Coaches**

## THURSDAYS

**February 2 – April 13 (11 weeks)**

**3:45-4:45 pm Standard Class \$197**

½ hr lesson with a professional USFS Coach and ½ hr practice  
Levels: *Snowplow 1 – Basic 3, Hockey Skating Skills 1 – Hockey Power*

**4:15-5:35 pm Extended Combo Class \$406**

Moves in the Field Class followed by Extended Class (*below*)  
Levels: *Must have passed Basic 6 or higher*

**4:45-5:35 pm Extended Class \$252**

5 minute practice time followed by a 45 minute lesson with a professional USFS Coach  
Levels: *Teen Intro (no prior lessons), Basic 4 – Freeskate 6+*

## SATURDAYS

**February 4 – April 15 (11 weeks)**

**9:00-10:00 am Standard Class \$197**

½ hr lesson with a professional USFS Coach and ½ hr practice  
Levels: *Basic 4 - Freeskate 6+, Teen Intro (No previous lessons), Adult 1-Adult Freeskate 6+*

**9:00-10:00 am Combo Class \$307**

½ hr Moves in the Field Class and ½ hr Class (*listed above*)  
Levels: *Must have passed Basic 6, Adult 6 or higher*

**10:50 -11:50 am Standard Class \$197**

½ hr lesson with a professional USFS Coach and ½ hr practice  
Levels: *Snowplow 1 – Basic 3, Hockey Skating Skills 1 – Hockey Power*

## REGISTER ONLINE

[www.NSskating.org](http://www.NSskating.org)

Rental skates available through Burbank Ice Arena (\$7).

Helmets (bike or hockey) are required for skaters in Snowplow 1 - 4, Basic 1, Teen Intro and Adult 1. Hockey Helmets are required for hockey skating skills skaters.

## BASIC SKILLS PRACTICE SESSION

**10:10-10:50 am SATURDAY (11 weeks) \$176**

A full-ice practice session with no instructional lessons. Skaters may work with a private coach. Visit our website for more info.

**PRIVATE LESSONS are also available. Please see our website at [www.NSskating.org](http://www.NSskating.org) for further information.**



**Burbank Ice Arena**

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